

WATCH ME GROW PLAN

JENNIFER LYNN
photography



3/4 MONTH - WHAT TO EXPECT/HOW TO PLAN

The 3 month session is similar to the newborn stage only they are totally awake! Smiles, coos and all! Documenting tummy time (as tolerated), bucket time, and laying on their back and getting all the smiles in the world.

Prepare as you did with the newborn session (if you had one). Bring enough bottles and diapers to cover at least 2 hours. Bring 1 or 2 outfits with you for this stage and prepare the baby for tummy time.. A great session with 3 month old is a mixture of tummy, basket, and back time. Work with your baby starting at 2 months to prepare for this. 5 mins/3x a day works to build up those neck muscles so they are nice and strong.



6 MONTH - WHAT TO EXPECT/HOW TO PLAN

The 6 month session is my fav! (besides the newborn) Preparation is a little different. Bring with you 2 outfits. Bring enough food and even puffs or nummies with you.

6 month documents sitting up without falling over. Unassisted tummy time and lots of interaction between baby and the camera. They will pose for the camera at this age and laugh. Capturing that is priceless.

By far, my favorite besides the newborn stage. We can even venture outdoors on this session.



8/9 MONTH - WHAT TO EXPECT/HOW TO PLAN

The 9 month session is also one of my favorites. Who am I kidding, I love them all!! I love to watch your baby grow up into the big, strong little person.

Prepare about the same with this session as their 6 month session. Bring enough food and even puffs or nummies with you.. Bring 2-3 outfit changes as well as what I have at the studio.

9 month documents sitting up without falling over. Standing with assistance of a prop or mommy/daddy's hands, crawling, and becoming mobile. The best little smiles come from this session!!



12 MONTH - WHAT TO EXPECT/HOW TO PLAN

The 1 year session is a tear-jerker for me. All grown up! Prepare about the same with this session as their 8/9 month session. Bring enough food and even puffs or nummies with you.. Bring 2-3 outfit changes as well as what I have at the studio.

1 year session documents sitting up without falling over. Standing with assistance of a prop or mommy/daddy's hands, walking and becoming mobile. If you choose to bring a cake for a cake smash, prepare to get messy!!! This is done at the end of the session to give us time to clean up after. They do make a big mess. Here are 2 of the cake bakers that I am proud to work with. Please tell them I sent you.

Bar-Mars Cake Bowtique - Barbara @304-238-3112 <https://www.facebook.com/BarMarsCakes>

Kim's Create-a-Cake - 740-296-4746 <http://www.facebook.com/kims.createacake>

